

COASTAL CUISINE

DIVE


SKINNY DIPS

Choose any of our *delicious dips* and accompany them with flatbread or crispy Lavash crackers

THREE FOR \$11 OR \$4 EACH / SAMPLER \$15

ROASTED EGGPLANT, RED PEPPER & GARLIC
BABY BELLA & SERRANO HAM
HEIRLOOM TOMATO & BASIL
MOROCCAN SPICED CARROT
CUCUMBER YOGURT
SLICED AVOCADO BASIL HAWAIIAN SEA SALT


COVE SIZE SALADS

THREE FOR \$12 OR \$5 EACH

DIVE GREENS
sprouts, Boston Bibb lettuce, tomato, avocado, cucumber, choice of dressing

TABBOULI
cracked wheat, parsley, mint, tomatoes, cucumber, extra virgin olive oil, lemon juice

HEARTS OF PALM
fresh Brazilian hearts of palm, sliced avocado, grapefruit, extra virgin olive oil and Hawaiian sea salt

ISRAELI SALAD
cubed medley of tomato, cucumber, radish and carrot, with lemon vinaigrette

JICIMA SALAD
citrus, cucumber, mango, red onion, cilantro

GINGER SALAD
mix of Savoy, white and red cabbage, carrot, red onion


OFF THE COAST

COASTAL TACOS 3 WAYS \$10
Soy Ginger lime marinated grilled fish, classic fried Baja fish, and spicy shrimp — all on soft corn tortillas

MUSSELS \$9
Champagne, chorizo, tomato, garlic — served with a French baguette

GRILLED RED SNAPPER \$18
Floridian fruit vinaigrette, brown rice

MUSTARD-DILL CRUSTED SALMON \$15
sautéed squash medley

SAFFRON JUMBO SHRIMP PAPPARADELLE \$14
w/ roasted red pepper, garlic, parsley


DAILY CEVICHES

Fresh catch of the day, marinated in lime juice, served with plantain chips

\$10


DAILY SPECIALS

We offer an array of freshly-made specials — just ask!


OLYMPIC SIZE SALADS

SPINACH SALAD \$8
sautéed Vidalia onions, raspberry vinaigrette, pistachio crusted goat cheese

CHOPPED SALAD \$12
romaine & iceberg lettuce, tomato, salami, mozzarella, basil, garbanzo beans, chicken, scallions, Dijon vinaigrette

ARUGULA WATERMELON SALAD \$8
feta, lemon, olive oil, sea salt, chili powder

NIÇOISE SALAD \$12
seared Ahi tuna, Red Bliss potatoes, Haricot verts, hard-boiled egg, champagne vinaigrette

CURRY CHICKEN & BARLEY SALAD \$10
grilled chicken, sliced iceberg lettuce, grated carrot, raisins, creamy curry dressing

GREEN BEAN, MOZARELLA \$7
basil vinaigrette


DIVE WRAPS & SANDWICHES

DIVE WRAP \$8
chicken, grilled onions, brown rice, cheddar cheese, lettuce, tomato, tahini dressing — in a spinach tortilla

GRILLED CHURRASCO STEAK WRAP \$9
Wasabi cucumber slaw, avocado, brown rice, key lime chili sauce

GRILLED VEGGIE WRAP \$7
grilled vegetables, fresh tomato, mozzarella, pesto

SEARED AHI TUNA WRAP \$9
Wasabi cucumber slaw, avocado, brown rice, key lime chili sauce

PULLED BARBECUE SANDWICH \$9
pulled brisket beef or chicken, barbecue ragu, and mustard slaw — served on a ciabatta bun

SERRANO HAM & CHEESE ON CIABATTA \$7
w/ honey mustard aioli

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DIVE TO THE SIDE

- SIGNATURE GREEN RICE CUBES \$5
- TWICE-BAKED POTATO SKINS \$6
- VEGGIE MEDLEY \$6
- SOUP OF THE DAY \$8



THE KIDDIE POOL

- FRUITS, VEGGIES AND DIPS \$4
almond butter, cream cheese spread
- BABY BARBECUE SANDWICH \$4
- CHEESE QUESADILLA \$4
- KIDDIE POOL PASTA OF THE DAY \$6



GET REFRESHED

- ORGANIC ICED TEA BAR \$3
- PREMIUM SPRING & SPARKLING WATER \$2
- VITA COCO NATURAL COCONUT WATER \$3
- ASSORTED SODAS \$2
- POLAR CLUB FRAPPÉS \$5
 - Strawberry*
 - Mango*
 - Mojito*
 - Pineapple*
 - Blackberry & Lemon*
 - Açaí*
- FRESH SQUEEZED JUICES \$5
 - Carrot*
 - Cucumber*
 - Beet*
 - Lemon*
 - Apple*
 - Orange*
 - Strawberry*
 - Grapefruit*
 - Watermelon*
- BEER & WINE \$7

We also offer an assortment of *sangrias* and *wines*, as well as a selection of *domestic, imported, and microbrew bottled beers*